

Building relationships in a digital world

Learn the traits of an authentic relationship. Join us as we discover how to build strong connections in the digital and real world. Please tune in for lots of tips and advice from our guest expert.

We will be joined by our special guests Jennifer Watson, Mental Health Promotional Officer at Spectrum.Life, and Annie Lavin, the Relationship Coach.

Wednesday 14th February, 1:15pm

[Log In Here](#)

